KEYS, PRODUCER TIE THE KNOT
GET THE DISH ON NUPTIALS {page 16}

NEW DEVELOPMENTS IN THE 'BURBS
ARCADE FIRE BUILDS ON ITS SUCCESS {page 13}

LIBERATE
PRIDE PARADE MARKS 27 YEARS
600,000 WATCH {pages 6,7}

VANCOUVER metro®
Tuesday, August 3, 2010
www.metronews.ca

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Family dies in head-on crash

Only two of six killed were wearing seatbelts • Crash occurred on Trans-Canada Highway, 20 km east of Golden • Two people in RV suffered non-life-threatening injuries

CONTRIBUTED BY: B.C. RCMP

▶ The aftermath of a fatal accident involving a motorhome and a minivan near Golden, B.C.

JEFF HODSON
@METRONEWS.CA

A Pakistani family was killed in a head-on collision near Golden as they travelled with friends to Abbotsford from Edmonton.

Driver inattention or fatigue likely caused the Dodge Caravan to drift and collide with a large eastbound motorhome at 11:35 a.m. Sunday, RCMP said.

The 47-year-old driver of the minivan, Arshad Mahmood, his wife, Shakila, their two daughters, aged 15 and 13, and grandfather died. A 14-year-old family friend was also killed. The family's 11-year-old son was travelling in a second car with friends and was unharmed.

Life

Go with the flow with Pool-ates

Aquatic exercise 'stays true' to work of Pilates founder, says advocate • Water temperature set at warm bath levels of 30-33 degrees Celsius {page 17}

Pammie aids dogs after BP spill

Many pets left behind in wake of Gulf of Mexico disaster {page 15}

RIM to launch new BlackBerry

Canadian firm looking for 'iPhone killer' {page 11}

We're a faithful bunch, go figure

Cheaters' site says biz booming except in Vancouver {page 4}

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Base jumper crashes on Chief

A base jumper was rescued from the Chief in Squamish yesterday afternoon after he crashed halfway down the imposing granite cliff.

Rescue crews rappelled down Stawamus Chief Mountain, a prominent and well-known landmark, to reach the man.

"He's OK," said Suzanne Kelly, a member of the Squamish Emergency Program, a search-and-rescue group based in the Howe Sound community.

Kelly was not among those who rescued the man, as her group was also searching for two groups of hikers who were lost near Squamish.

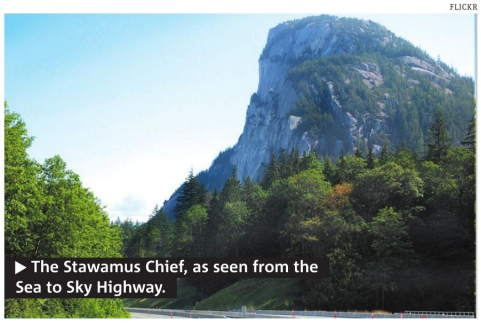
The base jumper crashed about half of the way down the 417-metre granite dome. He made it to a ledge and waited for help.

Squamish RCMP were informed about the incident at 9 a.m. and used a helicopter to make contact with the man and confirm that he was safe and uninjured.

The rescue is the second in just over two weeks. On July 14, a base jumper crashed into the Chief and also was assisted down by search-and-rescue volunteers.

● JEFF HODSON

FLICKR



▶ The Stawamus Chief, as seen from the Sea to Sky Highway.

Pilots identified in wildfire crash

Aircraft was originally built as a passenger plane, converted to an airtanker in 2003

JEFF HODSON
@METRONEWS.CA

A 58-year-old man from Langley was one of two pilots killed when an airtanker crashed near Lytton, their Abbotsford-based employer confirmed yesterday.

Pilot Tim Whiting, 58, of Langley and co-pilot Brian Tilley, 36, of Edmonton, died Saturday evening when their twin turboprop airtanker crashed while battling a fire near Jackass Mountain, said Rick Pedersen, Conair's vice-president and general manager.

"It's a difficult time," said Pedersen. "I personally have known Tim for all the time he's been at Conair, 28 years. It's a difficult loss."

The Kamloops-based Convair CV 580 airtanker was battling a forest fire near Lytton when it crashed around 6:30 p.m. Saturday, sparking a new blaze that prevented paramedics and police from reaching the crew. No one else was aboard the plane.

"They were both fine folks and joys to work with, and they're going to be missed."

Airtanker crashes are rare and Conair's previous fatality was almost two decades ago.

"Conair is a very close-knit group of professionals in terms of pilots and maintenance people and support staff. It's very difficult to have an occurrence like this."
RICK PEDERSEN, CONAIR'S VICE-PRESIDENT AND GM

ROBERT SKINNER/THE CANADIAN PRESS

▶ A Conair water bomber makes a pass over Burrard Inlet on Feb. 23, 2010. An airtanker battling wildfires in the B.C. interior has crashed.

Board enforces smoking ban

Extremely dry conditions caused by several weeks of little rain have forced the Vancouver Park Board to institute a smoking ban.

Smoking — as well as charcoal- and wood-burning barbecues — is banned from all city parks and trails.

The park board is also cracking down on campfires, which are currently not permitted in any of Vancouver's beaches or parks.

Commissioners are also asking the public for help. People are asked to call authorities immediately if they see smoke or fire, especially in heavily forested areas like Stanley Park.

Propane barbecues are permitted, provided they are 30 inches off the ground without resting on wood or grass.

This smoking ban precedes a permanent one that begins Sept. 1.

● JENNIFER O'CALLAGHAN

Fines

- Fine for violating the B.C.-wide campfire ban is $345.
- Fines for violating the Sept. 1 smoking ban will range between $250 and $2,000.
- The Vancouver Park Board maintains 220 parks throughout the city.

News in brief

Cops sorry for Pickton delay

CRIME. The Vancouver Police Department has apologized for not arresting serial killer Robert Pickton, right, sooner. On Friday, the Supreme Court dismissed Pickton's request for a new trial, effectively bringing an end to the criminal case against him.

● METRO VANCOUVER

Car hits child at Peace Arch

COLLISION. A child was airlifted to hospital yesterday after being hit by a car at the Peace Arch border crossing. The child's injuries were unknown at press time.

● KRISTEN THOMPSON

1 news

News on the move

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2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

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On the web at metronews.ca

Nose art on helicopters bought from the U.S. gets a Canadian twist in Afghanistan. Video at metronews.ca/canada

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B.C. FOREST SERVICE

▶ An air tanker drops retardant over a wildfire burning in the Alkali Lake area, south of Williams Lake.

B.C. man dies after refusing to evacuate

A 52-year-old man died crushed by a tree while chopping firewood on Sunday near Meldrum Creek, in B.C.'s Cariboo region, officials said yesterday.

Grace Pickell, provincial fire information officer, said that area has more than 100 active fires and officials cannot access some of the worst-hit spots.

"Our main priority are fires consisting of over 24,000 hectares," she said.

Kim Steinbart, B.C. fire information officer for Wildfire Management, said an additional 140 firefighters have been brought in from Alberta and Ontario.

400

About 400 wildfires are still burning in the province of B.C.

"Over 2,000 B.C. firefighters continue working shifts to combat the active fires in the province," Steinbart said.

"As of April 1, almost 68,000 hectares have been burned by the 1,168 fires across the province to date. Forty-three per cent of those fires were caused by humans."

The fire danger rating for most of the province is expected to remain at extreme to high due to the dry weather conditions and little precipitation.

● NATASHA POON

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Vancouverites cheat less: Infidelity site

B.C. membership is up 28 per cent in 2010 year to 90,507 members ● Service offered in five countries

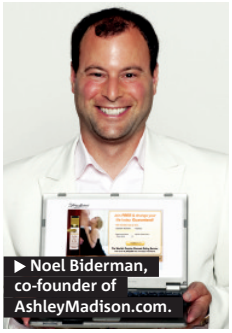
Vancouver is a city that prides itself on its progressive lifestyle — buildings are green, gay marriage is celebrated and Wreck Beach is naked — but when it comes to infidelity, traditional values hold strong.

Toronto businessman Noel Biderman, co-founder of Ashleymadison.com, a dating site for married people looking to have an affair, said business is booming everywhere except Vancouver.

"It's either something in the culture or the active nature of the citizens," he said. "Maybe you have more alternatives (and) accessing massage parlours is easier. I don't have the answer. I'm curious, myself."

Biderman, 39, who is married and has two young children, said the company is doing particularly well in Montreal, but added it's popular across the board: "Clearly we wouldn't have 6.8 million members if we weren't doing something right."

CONTRIBUTED PHOTO



▶ Noel Biderman, co-founder of AshleyMadison.com.

He said he saw the opportunity for an infidelity dating site when he learned that 35 per cent of people on singles' dating sites were married.

"To me that was a lightning bolt. Why not build them a social network of their own?"

The site facilitates a discreet relationship that allows users to remain anonymous. As for the ethics of the site, Biderman said the institution of marriage is evolving and it wasn't long ago that same-sex marriage, pre-marital sex and even marriage for love were taboo.

Infidelity need not be vilified, he said, adding that in some cases, it can actually save a marriage

"Canada, on the infidelity meter, is lower than the rates in France, Brazil and Japan, but our divorce rates are much higher and you have to wonder if monogamy has to do with that," he said.

"Accountability lies between the people doing it. The majority of couples survive infidelity. It's a misunderstood concept. If I were in a sexless marriage I'd probably stray before I'd divorce."

● KRISTEN THOMPSON

Famous face

▶ Michelle (Bombshell) McGee — who had an 11-month affair with Jesse James — signed on as the face of Ashleymadison.com in late May.

News in brief

Horse dies in crash at racecourse

DEATH. A horse was killed and a security guard was injured after the animal crashed into a gate at Hastings Racecourse. Philly Private Mambo, a three-year-old filly, died after unexpectedly charging into the winner's circle during a race.

● KRISTEN THOMPSON

Correction

TRANSLINK. A story published Friday failed to mention that the TransLink FareCard "group privileges" are valid only on Sundays and holidays. Metro regrets the omission.

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An estimated 600,000 people lined up West End streets for the 27th annual Pride Parade on Sunday 146 floats made their way to Beach Avenue from Robson and Thurlow streets This year's theme was 'Liberate'

TEXT AND PHOTOS **VANESSA YEE**

27th annual Pride Parade

VANESSA YEE/FOR METRO VANCOUVER

▶ Vancouver Mayor Gregor Robertson on the City of Vancouver float.

VANESSA YEE/FOR METRO VANCOUVER

▶ The Raincity Housing float — the organization provides specialized housing and support services for people living with mental illness, addictions and other challenges.

Three-year plan

The Vancouver Pride Parade began as a small protest march through Davie Village.

Starting in 2009, the Vancouver Pride Society adopted a three-year theme of Educate, Liberate and Celebrate. This year, the focus was on what it means to be free.

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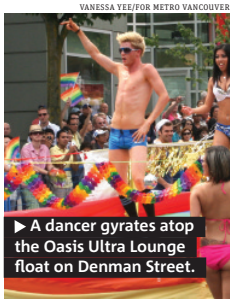
VANESSA YEE/FOR METRO VANCOUVER



▶ A dancer gyrates atop the Oasis Ultra Lounge float on Denman Street.

VANESSA YEE/FOR METRO VANCOUVER

▶ The Darling Sisters representing Canada's best-known nude beaches — Vancouver's Wreck Beach and Toronto's Hanlan Point.

Enforcer marches

Former NHL enforcer Georges Laraque joined the party.

The 33-year-old vegan marched with Green party members after being announced as the federal party's newest deputy leader.

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VANESSA YEE/FOR METRO VANCOUVER

▶ The Vancouver Sisters, a group of queer drag nuns, march along Denman Street.

VANESSA YEE/FOR METRO VANCOUVER

▶ Members of the Out For Kicks LGBT-friendly soccer club.

Grand marshals

- **International Hero:** Nikolai Alekseev, a Russian LGBT rights activist, lawyer and journalist. He is the founder of Moscow Pride, which is officially banned.
- **Role Model:** Candis Cayne, the first transgendered actress to play a recurring transgender character on a network show, on ABC's Dirty Sexy Money.
- **Local Hero:** Barb Snelgrove, a longtime advocate, volunteer and fixture in Vancouver's LGTB community.
- **Posthumous Pride Hero:** Catherine White Holman was a pioneer and social worker who brought health services to the most marginalized people in Vancouver.

VANESSA YEE/FOR METRO VANCOUVER

▶ The multicultural Bollywood float parades down Beach Avenue.

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AN ADVISORY TO VANCOUVER AIRPORT TRAVELERS

Servisair lockout causing delays

Call your airline or check YVR.ca for updated departure times

➜ **On July 19th Servisair, the Paris-based corporation using its subsidiary GlobeGround Fuel Services, locked out 21 workers at the Vancouver International Airport, after walking away from the bargaining table. The company admits the dispute has nothing to do with money. These workers provide fuelling services and calculate aircraft fuel loads to Air Canada, WestJet, and many other airlines operating at YVR.**

➜ **Vancouver International Airport official Alana Lawrence said about 40 flights experienced some delays … "a higher number than we normally see delayed because of refuelling"**
– Vancouver Sun, July 20, 2010

➜ **In an application to the Canada Industrial Relations Board, the company reported the following:**
The following Servisair clients have reported fueling delays: United, Air New Zealand, Continental, KLM, US Airways, Cathay Pacific, American, WestJet, Air North, Air Canada. There were roughly two years' (worth) of fuelling delays.
– Application to the CIRB, July 22, 2010

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www.psacbc.com

Gulf oil spill threatens Ont. white pelicans

About 118 species of migratory birds in Canada fly to the Gulf region for the winter, say officials

A beloved Ontario bird that bounced back from endangered status may be flying to its demise when it heads south this fall — straight into the path of the massive BP oil spill in the Gulf of Mexico.

For centuries the American white pelican has flocked to Ontario's northwestern shores to breed, seeking refuge in colonies where hundreds or even thousands of birds may gather to lay their eggs.

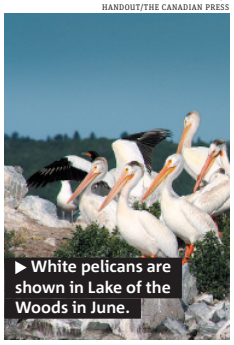
But experts are worried that many of the awe-inspiring birds — whose wingspans can reach 2½ metres — may never make the trip north again.

"It's a huge concern," said Matthew Reudink, a post-doctorate fellow at Trent University in Peterborough, Ont., who has studied the birds for years.

"We're very concerned about pelicans as well as lots of other species at well."

THE CANADIAN PRESS

HANDOUT/THE CANADIAN PRESS



▶ White pelicans are shown in Lake of the Woods in June.

Scan for more on the Gulf spill

Pakistan. Flood

▶ Flood survivors walk over a makeshift suspension bridge built by Pakistan army following heavy floods washed away the iron bridge in Chakdara, near Mingora in Swat Valley of Pakistan. The government has deployed thousands of rescue workers.

NAVEED ALI/THE ASSOCIATED PRESS

Inaction plagues relief: Survivors

Relief efforts in Pakistan's flood-ravaged northwest picked up pace yesterday, but survivors complained about government inaction — a worrying sign for authorities seeking public support for the fight against militants in the region. Around 300 people blocked a major road in the hard-hit Nowshera district to protest at receiving little or no aid, witnesses said.

MP orders airline probe

Transport Minister John Baird has ordered an investigation into whether airlines are enforcing rules that require staff to see the faces of passengers who board their flights, he said in a statement issued Sunday. THE CANADIAN PRESS

Iraq war nears end: Obama

U.S. President Barack Obama declared yesterday that the Iraq war was nearing an end "as promised and on schedule," touting what he called a success of his administration though it comes amid instability.

THE ASSOCIATED PRESS

Translators fear harm, rejection

Ottawa's promised fast-track immigration policy for Afghan translators has left many stuck in the starting blocks and fearing for their lives, as even with the blessing of superiors many have still been rejected.

THE CANADIAN PRESS

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▶ Phu Bui, in this July file photo, give a pedicure to a client at his nail salon in Chicago.

M. SPENCER GREEN/THE ASSOCIATED PRESS

Online ad pays off for nail salon

A featured ad on Groupon.com on June 22 offered a manicure and pedicure for $28 at Phu Bui's nail salon in Chicago. Bui thought maybe 1,000 customers would bite on the deal, but instead he had 5,146 responses. While he has been overwhelmed with the number of clients that come into his salon every day, the deal netted $144,088 US in total sales.

RIM launching BlackBerry 6 on heels of ban

◐ Company seeks an 'iPhone killer' ◐ Product launch coincides with UAE's restrictions on devices

Research In Motion is set to launch a new BlackBerry today that's expected to take on Apple's iPhone — a key event the company likely doesn't want overshadowed by restrictions on its devices in the United Arab Emirates.

In New York, the BlackBerry maker is expected to unveil a new touchscreen smartphone with a pull-out keyboard and a new operating system to make Internet surfing faster. The phones will run on U.S. carrier AT&T's network.

Wunderlich Securities Inc. analyst Matt Robison said RIM needs to introduce a strong product, or the UAE's recently announced restrictions on email, texting and web browsing will carry more weight.

"We believe the nature of the Middle Eastern news is distracting enough that (today's) AT&T event must include a compelling introduction of a BlackBerry 6 phone with a multitouch to overcome it," Robison wrote in a research note.

Research In Motion is competing for consumers' loyalty against not only the iPhone, but Google-powered Android smartphones, which have touchscreens and pullout keyboards. THE CANADIAN PRESS

UAE ban

The UAE plans to ban email, messaging and web browsing on BlackBerrys.

- **Visitors, too** The ban will take effect Oct. 11 and will apply to visitors to the UAE as well.
- **Censors** UAE is among countries that censor websites and other forms of media.

New technology shows power is all in the mind

It may sound like science fiction, but using your brain waves to control the environment around you, like the lights in your home or even your toaster, is already a reality.

One Toronto-based company has developed a system called thought-control computing and it's exploring a range of commercial opportunities that include screens on airplanes and video games.

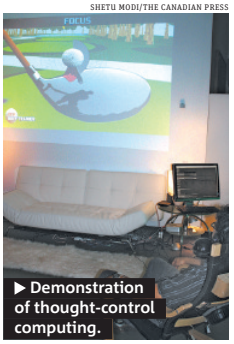
Its philosophy is simple: If you can plug it in, you can control it with your brain.

Ariel Garten, CEO of InteraXon, says the possibilities are endless.

"Basically this is ultimately going to be the way that we engage the world on daily basis," she said in an interview.

The technology involves a regular-looking headset — but one embedded with electrodes that read brain waves. The brain waves are then processed on a computer.

SHETU MODI/THE CANADIAN PRESS



▶ Demonstration of thought-control computing.

"When you focus, you create beta waves; when you relax, you create alpha waves," Garten explained.

She says once a person learns to control the alpha and beta waves, the "control signal" can then be used to program anything from lighting to motors.

Garten predicts the headset will eventually become as small as a wireless bluetooth device and the technology will be available in big-box stores within two years. THE CANADIAN PRESS

Test run

- Thought-control computing was demonstrated earlier this year at the Vancouver Olympics, where visitors used their brain waves to control the lighting on three landmarks: The CN Tower, the Parliament buildings and Niagara Falls.
- "For the CN Tower, for example, as you focused, you could make the lights rotate around the ring faster and faster ... and if you would relax, you would slow the rotation down," said InteraXon CEO Ariel Garten.

Airline's carry-on fees kick in

Spirit Airlines says it is gaining ground in the fight against flight delays with its controversial move to charge for carry-on bags starting Sunday.

Since airlines started charging for checked luggage, more flyers have brought carry-on bags on board. Spirit's new fee — the first in the industry — is aimed at discouraging passengers from stuffing the overhead bins because it often takes extra time to get bags settled and gate check those that won't fit onboard.

Spirit is charging $30 at check-in for any bag that's too big to fit under the seat. THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

DOLLAR	Natural gas 1,000 cu ft	OIL	TSX
No trading	$4.701 US – 22.2¢		Markets closed
	Gold $1,160.40 US + $2.40	+ $2.39 US $81.34 US	

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DATING IN THE DARK: DOS AND DON'TS

She says ...

JESSICA NAPIER

We relationship folk spend a lot of time living vicariously through our single friends.

Sometimes I find myself getting a bit jealous when I hear about those exciting first dates filled with nervous butterflies and romantic optimism. However, more often than not, I end up listening to hilarious tales of bad dates gone awry and thank God those days are behind me for now.

The worst stories are always from the girls who begrudgingly go on blind dates set up by friends, co-workers and, in one case, a well-meaning stranger on a plane.

I have never been on a blind date. Either everyone is under the impression I have no trouble finding my own dates or no one wants to subject someone they care about to an evening with me. Either way, I'm not an expert on the subject.

That being said, I have heard a lot of horror stories. And in the interest of saving my single friends from more matchmaking disasters I thought I'd share a few dos and don'ts for all of the prospective blind daters out there.

"The worst stories are always from the girls who begrudgingly go on blind dates set up by friends, co-workers and, in one case, a well-meaning stranger on a plane."

DO avoid venues that involve finger food

Now I like a pound of honey garlic wings as much as the next girl, but I also know that I tend to resemble a caveman while ravenously gnawing on a saucy drumstick. A romantic date this is not fellas.

DON'T cyberstalk your date

True blind dating doesn't really exist in the age of Internet, but that doesn't mean you need to go overboard with your background check. A simple Google search is acceptable but quoting her latest Twitter updates and talking about how much you enjoyed her Facebook photo album of a 2005 trip to France is a little over-the-top.

DO dress like you care

Have you invited her out to a swanky martini bar and shown up in Birkenstocks and a ratty fleece? Congratulations, you'll be spending your next afternoon hike alone wondering why she never called you back.

DON'T conjure up a cute nickname

If you are one of those people who insist on giving your partner an adorable over-the-top name this is not the time to invent it.

DO have an open mind

Because, ultimately, what's the worst that can happen? Chances are you're going to spend an evening with Mr. or Miss Not Quite Right and end up with a funny story to tell your friends.

Cartoon

MICHAEL DE ADDER

Private versus public

Letters & Tweets

Re: Health care: Stop fearing private sector (July 30)

TORONTO. In a bid to convince us of the advantages of the private sector in health care, David Descôteaux wrote that we should embrace a model where universal coverage is ensured by the state, but where the supply of service, like operating a hospital, is open to the private sector. He made the point that in Denmark you will be sent, fully covered, to a private hospital if waiting time for an operation is longer than one month. But he didn't mention that in Denmark, 44 per cent of the work force pays 70 per cent of its income in taxes. He also made the point that in France 40 per cent of hospitals are privately owned and for profit, but it's fair to say that even though per capita spending on health care was very similar between France and Canada in the past, the last decade has seen a greater growth in health-care spending in France than in Canada.

Since the column was inspired by a 15-hour wait in the ER, I assume the real subject was the standard of living. I just wonder, was that column an attempt by a pro free-market fiscal conservative to tell me that a higher standard of living requires higher taxes? Or did I miss the point?

JOHNNY DIB

Standard of care

What's your favourite karaoke song? Why?

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Metro Minute at Vancouver Open

Some of the best tennis pros in the world are in West Vancouver today competing for cash prizes of up to $175,000 at the Odlum Brown Vancouver Open.

Since 2002, the tournament has hosted top up-and-comers, including Maria Sharapova and Andy Murray.

Matches start at 10 a.m. at The Hollyburn Country Club with first-round men's and women's singles and doubles matches.

One of the featured matches of the day includes top-rated men's singles player Taylor Dent and Canadian Peter Polansky.

For a list of schedules and ticket prices, visit vanopen.com.

JENNIFER O'CALLAGHAN

BO MON KWAN/FOR METRO VANCOUVER

▶ U.S. tennis pro Taylor Dent is taking part in the Odlum Brown Vancouver Open this week.

Arcade Fire book a trip to The Suburbs

- **Montreal indie band reach back to childhood for inspiration on long-awaited new album**
- **Maintain control of sound in an era when albums are routinely leaked on the Internet**

Over the summer, Arcade Fire treated fans to a series of hastily organized gigs that allowed the band to refine its new set of songs and fuel an ever-elevating level of hype for its long-awaited third disc, The Suburbs.

But the semi-surprise gigs had an unintended effect on the band.

"We did those shows and then I already couldn't listen to the record anymore," multi-instrumentalist Will Butler told The Canadian Press over the telephone from Montreal.

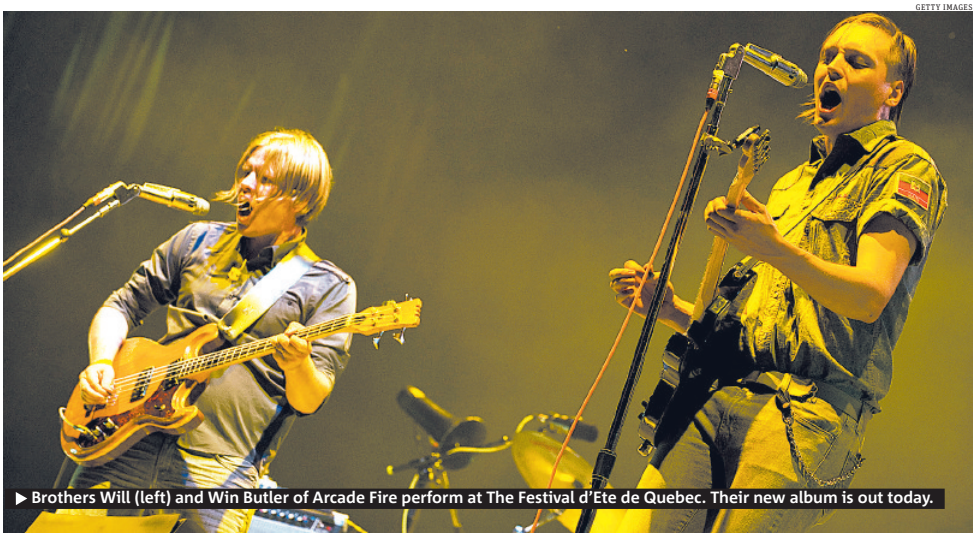
"Because it was: 'Oh, this is totally foreign to what is happening live.'"

Fortunately for Butler and co., it's unlikely many fans felt the same way, since the band was able to do what they usually manage to do — maintain control.

The sound of The Suburbs had been a well-kept secret in an era during which new albums leak like faucets in nightclub washrooms. The album did, eventually, circulate illegally on the Internet but it took unusually long.

Rumours about the record were dribbled out slowly by Arcade Fire, leaving fans — and the likes of indie outlet Pitchfork — trying to parse supposed hidden messages on the band's website. As the band played its series of intimate shows, fans began to post grainy concert clips online, which were eagerly dissected by others who impatiently awaited the album's release.

GETTY IMAGES



▶ Brothers Will (left) and Win Butler of Arcade Fire perform at The Festival d'Ete de Quebec. Their new album is out today.

The band wanted to make a big deal about The Suburbs and knew fans would play into the tease, Butler said.

"For us, it felt like a long time between these two records," he said.

"The album doesn't matter as much to a lot of bands, which I think is fine, I think that's kind of how the world is turning.

The band began work in earnest on The Suburb in May 2009. Many of its 16 tracks are imbued with an immediacy that was once foreign for the band. For instance, first single Ready to Start and the art-punk roar of Month of May are more straightforward than anything the band has previously recorded.

The band stretches its legs elsewhere, from the rollicking piano gallop of The Suburbs, to the woozy shoegaze of Empty Room, to the giddy Blondie stomp of Sprawl II (Mountains Beyond Mountains).

In that evolution toward a more compact sound, the band risked sacrificing the all-out catharses achieved again and again on the 2004 debut, Funeral. Fans revel in those exhilarating moments during which layers of instrumentation coalesce with Win Butler's sky-reaching vocals and the insistent chant of the rest of the band, creating something almost too grandiose for a rock club.

"Some of the songs on this record, it's a little more sparse," Butler acknowledged. "But I think that's also just the variety thing that we wanted to get down. We wanted to have some thick songs and some thin songs."

THE CANADIAN PRESS

"We were just looking for a variety, definitely, of tone and of sound. That's partly why some of it sounds lighter."
WILL BUTLER

Urban sprawl

- **The Album's** title is, of course, telling — Win Butler really is singing here about the suburbs, about their sprawl, their stultifying effect and, at times, their comforts.
- **Win and Will** Butler were raised in The Woodlands, Texas before relocating to Montreal, where Arcade Fire was formed. Will Butler said the area they grew up in was a planned community that took off in the 1970s. The brothers left town for boarding school in their teens, so they're reaching pretty far back for some of the memories.

2 scene

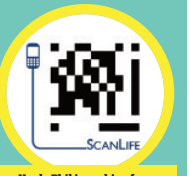
News in brief

These ivories have history.

A British auction house is offering up a piano from London's Abbey Road Studios that's featured on tracks by the Beatles and Pink Floyd. Auctioneer Bonhams said yesterday that the battered Challen upright, scarred by coffee stains and cigarette burns, is expected to fetch and $243,000.

The piano resided at Abbey Road's Studio Three between 1964 and the 1980s, and was used on tracks including The Beatles' Tomorrow Never Knows and Paperback Writer.

THE ASSOCIATED PRESS



Uncle Phil is pushing for a Fresh Prince movie

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TOP 5 ALBUMS OF THE YEAR SO FAR

The Audio Files

BRYAN BORZYKOWSKI
SCENE@METRONEWS.CA

With just a few weeks away until music industry revs up for the fall, and we're seven months into the year, now's a good time to look back at some of the great records you may have missed — or can't stop listening to — in 2010.

Here are my top 5 records of the year so far:

Black Keys — Brothers

I get a lot of records, most I listen to a few times and put aside. But not the Black Keys' new album — it's worn out my stereo. From the heavy, opening bass beats of Everlasting Love to the throwback R&B sounds in the soulful The Only One, this isn't just one of the best records of the year, it could be one of the more memorable discs of the decade.

Wintersleep — New Inheritors

I wasn't a fan of Wintersleep's Welcome to the Night Sky. It was too meandering and uneven. But their latest release is a different story. There are still plenty of epic moments, but they found the perfect balance between infectious indie rock and soaring pop. Black Camera is a standout — it's single guitar and low-key drums intro gives way to loud blasts of rapid beats and a fist-pumping chorus.

▶ Yeasayer

Yeasayer — Odd Blood

This disc came out early in the year, but it's still one of my favourites. The band's sophomore disc is full of stunning electro pop, layered in thick instrumentation and complex harmonies. It's not only thought-provoking record, but it's a fun to sing with — Ambling Alp is easily one of the best songs from any band this year.

▶ The Black Keys

Hannah Georgas — This is Good

Hannah Georgas was robbed of a Polaris Music Prize nomination. The Vancouver songstress is one of those rare singers that you just know will be big — it's a shame she's not up for the prize. This debut is a gritty indie rock disc that recalls old Liz Phair and Emily Haines. Her sweet melodies are shrouded in an aggressive edge — listen to the fantastic Lovesick and you'll see what I mean.

▶ Hannah Georgas

Wavves — King of the Beach

I know I just reviewed this disc last week, but it's already found a permanent place on my iPhone. If you haven't noticed, I'm a big fan of big pop hooks and this disc has plenty of them. Its frenetic grunge rock, aggressive blasts of fuzzy guitars, layers of noise and Kurt Cobain-like melodies should have been the next step from Nirvana. Too bad we got Creed instead of these guys.

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News in brief

Madonna directs movie

PEOPLE The Material Girl is illuminating the City of Light, where she's shooting her latest film, W.E. Dressed all in black and heavily accessorized in dark shades, a hat and a patterned scarf, Madonna directed Saturday's shoot in Paris' tony 6th district.
THE ASSOCIATED PRESS

Batman goes to auction

BOOKS A longtime Alaska comic book buff is selling one of the gems in his vast collection, a rare copy of Batman No. 1 published 70 years ago. Mike Wheathas put the 1940 comic book on the auction block. It's expected to fetch more than $40,000.
THE ASSOCIATED PRESS

Supermodel on hold

COURTS The defence in the war-crimes trial of former Liberian president Charles Taylor is seeking to postpone testimony by fashion model Naomi Campbell. She is due in court Thursday. But Taylor's lawyer says the prosecution has failed to disclose exactly what she is expected to say, preventing him from preparing his cross examination.
THE ASSOCIATED PRESS

Emotional homecoming for Drake

Drake wasn't kidding when he said he was going to give his hometown fans a show to remember.

Canada's hottest hip-hop export imported rap's biggest stars — Eminem and Jay-Z — for his inaugural OVO Festival in Toronto Sunday night.

If the Grammy nominations and million-selling debut album hadn't made it clear, the unbilled guest appearances, which came near the end of Drake's 90-minute set — and had been considered far-fetched rumours — cemented the Toronto native as a reigning member of the genre's elite.

It's been a quick ascent for the emcee who made his first Amphitheatre performance on Lil Wayne's tour last August.

And this show, his Canadian tour finale, was an emotional outing for the 23-year-old entertainer, whose primary residence remains Toronto.

It's a testament to his stature locally that tickets for the concert — nearly 10 times the size of his last solo show in May 2009 — sold out quickly, and the capacity crowd giving him a hero's welcome.

He performed the highlights from his current disc, Thank Me Later, along with tunes from the mixtape So Far Gone, which brought him to the fore. With laser lighting, pyrotechnics and the backing of a killer five-piece band, including DJ, Drake bounced around on his toes like a boxer and varied his delivery from urgent to subdued.

"I'm finally in the town that I was birthed in. Just show me a good time." DRAKE

Clad in varsity jacket, soon doffed, black t-shirt and camouflage pants, the former child actor's oeuvre is not the bling and tattoos of thug rappers, or studied socially consciousness of the Commons and Kanyes.

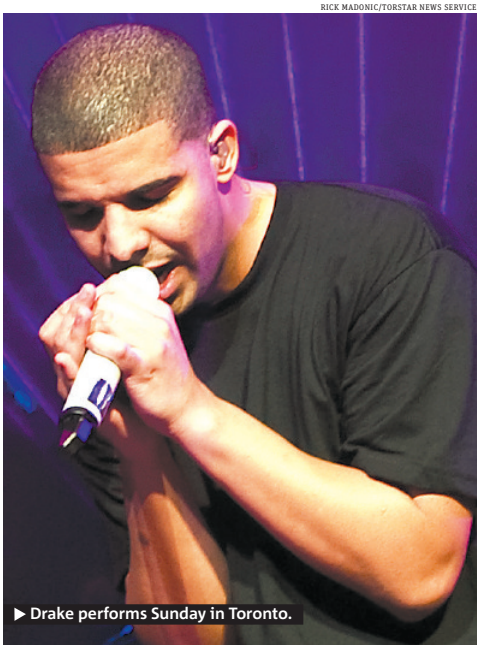
His is a sensitive, introspective, girls-driven angst realized in his funny stage banter about using candles and Febreeze to feel sexy on his tourbus. Though he threatened a female fan that she might be "touched on, sucked on, kissed or licked" if she came on stage — after making sure she was of age — he planted a chaste kiss on her forehead.

Drake didn't need all the star power, but it made the night unique.

A thin and somber Eminem delivered his verse from Forever in counterpoint to the grinning Jay-Z who followed with a full rendition of Run This Town

Their brief but well-executed segments made up for a lackluster undercard of P. Reign, Bun B, Francis & the Lights, and a particularly disappointing and croaking Young Jeezy. Rick Ross, Kardinal Offishall and Fabolous made worthier appearance during Drake's set. The headliner continually made mention of incarcerated mentor Lil Wayne, even slamming the New York Police Department in his defense.
TORSTAR NEWS SERVICE

RICK MADONIC/TORSTAR NEWS SERVICE



▶ Drake performs Sunday in Toronto.

DVD Releases this week

Buy it ◍◍◍◍◍ | Rent it ◍◍◍◍ | Borrow it ◍◍◍ | Yawn ◍◍ | Don't bother ◍

Assault on the senses

Kick-Ass
Genre: Action **Director:** Matthew Vaughn
Stars: Aaron Johnson, Christoper Mintz-Plasse
◍◍◍◍
Kick-Ass is an assault on the senses, with bullets firing, blades slashing and bodies thudding, bleeding and burning at every turn. The violence is most graphically seen and felt in the turbulence of Chloë Grace Moretz, just 11 when she made this, who plays a sociopathic pre-teen vigilante aptly named Hit Girl.

The film by Matthew Vaughn (Layer Cake) succeeds as violent fantasy about our perilous and fretful times, where regular citizens feel compelled to take action against a social order rotting from within. Aaron Johnson, soon to be seen as John Lennon in Nowhere Boy, illuminates and entertains as the naive citizen vigilante of the title.

Kick-Ass has more to say than other movies of its ilk, although it's a very cynical message — the implications of Hit Girl alone could keep a platoon of psychiatrists and sociologists talking for days.

The film is post-modern

surgery into the superhero myth, driving a scalpel into the warped logic of misanthropic killers who masquerade as civic do-gooders. ● PETER HOWELL

The Ghost Writer
Genre: Thriller
Director: Roman Polanski
Stars: Ewan McGregor, Pierce Brosnan, Kim Cattrall
◍◍◍
Roman Polanski is in total command of his medium, something that hasn't been a sure thing since the 1970s, The Pianist notwithstanding.

He builds a film where revealed truth and rising dread are carefully brought together, bit by bit. Pierce Brosnan plays Adam Lang, a former British prime minister, very much like Tony Blair, who has exiled himself to the beach isolation and high security of an unnamed American coastal island.

Lang feels the need to set the record straight by means of an autobiography, having sullied his reputation with too much involvement in Middle Eastern politics and too much trust in the U.S. president. But getting the word out is proving to be a dangerous occupation: his first ghost writer is found dead — suicide is assumed — and the ghost's replacement, nicely underplayed by Ewan McGregor,

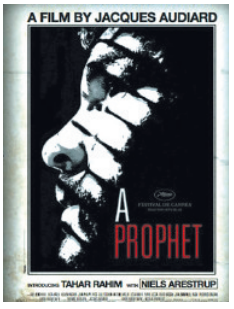
is no sooner on the job when he's mugged on a London street. This is a movie to savour like a good book. ● PETER HOWELL

A Prophet
Genre: Drama **Director:** Jacques Audiard
Stars: Tahar Rahim, Niels Arestrup
◍◍◍½
Anyone who believes in the corrective potential of prison life is guaranteed to be plunged into despair by this latest film by genre master Jacques Audiard.

Corruption is as thick as the grime that covers the seedy French prison where much of the brisk story unfolds. The place is so rife with collusion, with guards allowing favoured criminals free reign, it's almost as comical as an old Hogan's Heroes episode — except nobody's laughing.

Relative newcomer Tahar Rahim wrings empathy for a brutal character out his lead role of Malik, a young prisoner who quickly susses the alliances and double-crosses needed to survive behind bars. He makes us admire his determination, if nothing else.

A Prophet hardly needs the non-ironic musical underlining that Mack the Knife provides so directly: "Oh, the shark, babe, has such teeth, dear / And it shows them



pearly white ..."

Yet the tune has the mood exactly right. This is a movie that jumps up and grabs you by the throat. ● PETER HOWELL

CHUCK COOK/AP PHOTO

▶ Pamela Anderson takes several dogs for a walk yesterday in New Orleans. She was on hand to send off 50 dogs that are being moved from Louisiana to Virginia after they were orphaned by the BP oil spill in April. Anderson paid all the costs to relocate the dogs.

Pam Anderson helps out pets after oil spill

Former Baywatch hottie returns to the beach, this time to send 50 orphaned dogs off to their new homes

About 50 dogs, some of them abandoned by their owners after the BP oil spill in the Gulf of Mexico, are on their way to new homes in Virginia courtesy of an animal welfare group and actress Pamela Anderson.

Anderson, the honorary chairman of People for the Ethical Treatment of Animals, was among those walking the dogs at a news conference yesterday at New Orleans' City Park.

Since the April 20 drilling rig explosion that sent millions of gallons of oil spilling into the Gulf, some southeastern Louisiana animal shelters have reported large increases in the number of pets brought in.

Many are brought in by people who have lost jobs or income because of the spill.

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Next stop on the Lohan bus: Rehab

Actress heads straight to the UCLA Medical Center for a 90-day program after her release from jail

Lindsay Lohan has been released from jail, but she's not exactly a free woman.

The actress was discharged early yesterday after serving 14 days for violating her probation in a 2007 drug case, Los Angeles sheriff's spokesman Steve Whitmore said. She is now required to immediately begin a three-month stint in rehab, he added.

A prosecutor has said that Lohan cannot be released early and will have to spend the entire time in treatment.

Due to overcrowding in California jails, inmates such as Lohan who are serving time for nonviolent offences and have no criminal records typically have their stays reduced for good behaviour.

Lohan, 24, was released to a waiting vehicle and did not walk out the front doorway, avoiding a throng of photographers.

Lohan's attorney, Shawn Chapman Holley, did not immediately return an email seeking comment.

Lohan pleaded guilty in August 2007 to two misdemeanour counts of being under the influence of cocaine; no contest to two counts of driving with a blood-alcohol level above 0.08 per cent and one count of reckless driving. She was sentenced to three years of probation.

THE ASSOCIATED PRESS

AP PHOTO

▶ Lindsay Lohan

Talking points

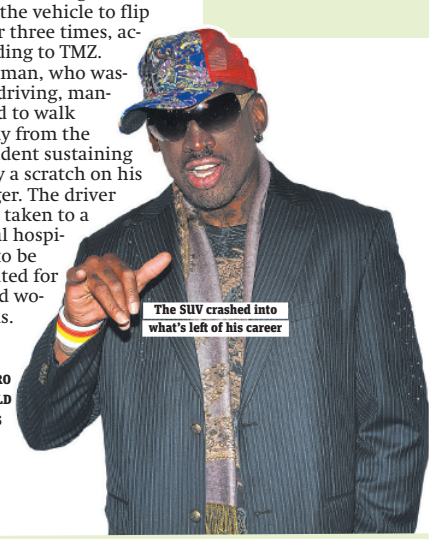
Actress feeds her Love habit

WHAT DO YOU GET WHEN YOU CROSS A NEEDY TV STAR WITH AN OPPORTUNISTIC ACTOR? Jennifer Love Hewitt has apparently moved on after her split earlier this year from her Ghost Whisperer co-star Jamie Kennedy, as sources say she's happily dating 27-year-old actor/director Alex Beh, according to Us Weekly. "She's so into him," a source says. "It's relatively new. But they're really cute together. They were holding hands the whole night" on a recent evening out.

Rodman in car wreck

SLAM, DUNK. Basketball veteran Dennis Rodman was involved in a terrifying car wreck over the weekend when a tire blew out on the SUV he was travelling in, causing the vehicle to flip over three times, according to TMZ. Rodman, who wasn't driving, managed to walk away from the accident sustaining only a scratch on his finger. The driver was taken to a local hospital to be treated for head wounds.

METRO WORLD NEWS



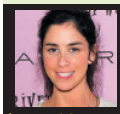
The SUV crashed into what's left of his career

Celebrity tweets

Matthew Perry [@langford-perry] Just landed in las Vegas....which I'm told is spanish for the Vegas.

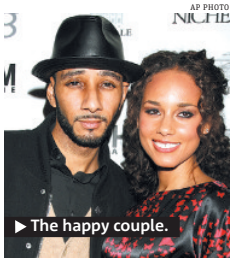
Ben Stiller [@RedHourBen] I am now following @kanyewest. Looking forward to how my life will change.

Milla Jovovich [@MillaJovovich] Ppl hve been asking what religion I am. Well, I'm russian orth. by birth, but I'll go 2 any church where I feel love and spirit! God bless!



Sarah Silverman [@SarahKSilverman] I'm unable to explain what I mean by this but Leonardo DiCaprio has a tuna face.

METRO WORLD NEWS



▶ The happy couple.

AP PHOTO

Alicia Keys weds producer beau in surprise ceremony

NO ONE ... WENT Alicia Keys and Swizz Beatz tied the knot in a private ceremony on the French island of Corsica, according to People magazine. The wedding was officiated by Deepak Chopra. Keys and her new husband, who have been together since 2008, are expecting their first child later this year.

"Whatever we're blessed with, that baby is being born to blessed parents," the groom recently told the magazine.

METRO WORLD NEWS

Bieber Fever: Now in paperback

You're never too young to write a memoir.

Sixteen-year-old Justin Bieber's book comes out in October.

HarperCollins announced the pop star's memoir yesterday, saying Justin Bieber: First Step 2 Forever: My Story will reveal the teen sensation's "amazing journey to stardom."

The book also will include previously unseen photos for "fans afflicted with Bieber fever."

In a statement released by the publisher, Bieber says he is "excited to share just a little bit more of my world."

THE ASSOCIATED PRESS

16 The number of years of profound insight and life experience that pop star Justin Bieber brings to the planet.

3 life

What water does well

The human body is made up of between 55 and 75 per cent water and constantly needs to be replenished if the body is to function at its best, says celebrity fitness trainer James Duigan. On average, people should aim to drink two litres daily in order to replace natural fluid loss, such as through sweating and breathing.

- Water helps to flush out the by products of fat breakdown. This process is essential for people trying to lose weight as water dilutes the waste products, allowing them to be removed form the body more rapidly.
- Dehydration (a consequence of not drinking enough water) means that your body does not have sufficient water to carry on with bodily functions as normal, leading to some unpleasant feelings. Symptoms include fatigue, headaches, dizziness, thirst and muscle spasms.
- Water can act as an effective appetite suppressant. A common mistake is confusing hunger pangs for thirst. Drinking a glass of water when the feeling first manifests itself will help you realize which one it is you are feeling.
- Be careful when choosing liquids. Tea and coffee are both powerful diuretics, excessive consumption will cause you to lose a lot of water.

ROMINA MCGUINNESS

▶ Pool-ates in a warm pool is a great and gentle workout.

Splash & stretch with Pool-ates

Pilates in the pool makes for a three-dimensional aquatic exercise with lower impact on joints and muscles Hop in and work it in the water

ROMINA McGUINNESS
WELLNESS@METRONEWS.CA
METRO WORLD NEWS IN LONDON

By taking it to the water, Boo Pfeiffer added bounce and buoyancy to Joseph Pilates traditional moves. More accessible, yet just as challenging, Pool-ates is a three-dimensional aquatic exercise that promises to lean, strengthen and flex your body — just as long as you go with the flow.

"Pool-ates stays true to the work of Joseph Pilates," explains Pfeiffer. "The difference is that the lower impact on joints and muscles makes it more accessible."

Being in the water allows people with injuries, arthritis or whose weight prohibits them from carrying out certain moves, to participate.

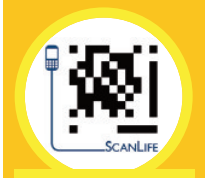
The principle of Pilates is based on precision, control, concentration and breathing and how all of these come together. The key thing is that, contrary to belief, Pool-ates does not involve you floating around in the water. The class is performed standing up, on the pool steps or the side railing. Only once you have reached advanced levels can you engage in horizontal moves.

"Being in the water, you have little or no control of what is going on, all your energy and strength goes into not falling. There may be less impact than on land, but in Pool-ates you have to resist the buoyancy, which is challenging," Pfeiffer says.

However, fighting buoyancy is a more gentle feeling than fighting gravity, making the exercise more relaxing as a whole.

In a Pool-ates class the water temperature should be between 86 and 92 degrees Fahrenheit (30/33 degrees Celsius).

According to Pfeiffer, people have a higher range of motion in warmer water, as well as greater flexibility and stretch. Cold water will only shrink muscle.



Find out how to wade through all of the issues surrounding probiotics.

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A nutritious way to start your day

A smoothie breakfast packs the fruit, calcium, fibre, complex carbohydrates, vitamins and minerals that can help jumpstart a healthy day Plus, they are low in fat and calories

Smoothies are a quick, easy and nutritious way to start your morning.

They are especially great for kids and picky, non-breakfast eaters.

When you are on the go each day, foods and nutrients you often lack in your diet are fruits, calcium, fibre, complex carbohydrates, vitamins and minerals. The answer in a glass is a smoothie, which can include all of these.

Most importantly, they contain antioxidants, which boost your immune system and may reduce the risk of heart disease and certain cancers.

Here are a couple of delicious and healthy smoothies. Experiment and make up your own. Keeping a variety of frozen fruits on hand is a great way to make these anytime of the year.

Serves 6
Calories: 105
Total fat: 1.4 g

▶ Peach smoothie.

Peach smoothie

You can find frozen peaches all year round in the supermarket. You can always substitute another fruit of your choice such as plums, nectarines or mangoes.

Preparation:

1 Combine the milk, yogurt, banana, peaches, honey and vanilla in a blender and purée. Serve immediately.

Creamy cappuccino & banana smoothie

I'm a chocoholic and I have discovered that one per cent chocolate milk (made with cocoa) is the best treat I can have either for breakfast or a snack. Adding chocolate milk to this smoothie satisfies your chocolate cravings and makes it taste like a chocolate milkshake, but without the calories and fat.

Preparation:

1 Combine the milk, yogurt, banana, honey and cocoa powder in a blender, and purée. Serve immediately.

Raspberry, banana & orange smoothie

Preparation:

1 Combine the milk, yogurt, banana, raspberries, orange juice and honey in a blender, and purée. Serve immediately.

Peach smoothie

Ingredients:

- 1 cup low-fat milk
- 1/2 cup low-fat plain yogurt
- 1 small ripe banana, sliced
- 3 cups sliced fresh or frozen peaches
- 2 Tbsp honey
- 1 tsp vanilla extract

Creamy cappuccino & banana smoothie

Ingredients:

- 1 cup cold chocolate milk (1%)(or soy milk)
- 1 cup low-fat coffee-flavored yogurt
- 1 medium-size ripe banana, sliced
- 2 Tbsp honey
- 1 Tbsp cocoa powder

Raspberry, banana and orange smoothie

Ingredients:

- 1/2 cup low-fat milk (or soy milk)

1/2 cup low-fat raspberry yogurt
1 small ripe banana, sliced
1 cup frozen or fresh raspberries
1/2 cup orange juice
1 Tbsp honey

CONTRIBUTED BY

Rose Reisman is an author and nutritionist. For more info visit rosereisman.com.

Serves 6
Calories: 108
Total fat: 1.0 g

▶ Creamy cappuccino & banana smoothie.

Liquid Assets

A wine icon

Even though the term "icon" seems to get handed out as freely as candy corn on Halloween night, there really is no better word to describe South African wine producer Graham Beck.

A true champion of Cape Wines, and the region of Robertson in particular, his passing last week at the age of 80 saddened lovers of inspired winemaking the world over.

While I never got to me him in person, I did have the pleasure of spending some time at his winery with cellarmaster Pieter Ferreira where we tasted our way through a broad range of Graham Beck wines.

Though selection varies from province to province you shouldn't have any trouble finding an example or two of Beck's liquid personality at your local liquor store. A great introduction to his wines is the soft, soothing 2008 Railroad Red ($12.80 - $15.25) that mixes cherry, raspberry and red licorice flavours with subtle black pepper spice thanks to its blend of shiraz and cabernet sauvignon.

The 2008 Gameskeeper's Reserve Cabernet Sauvignon ($18.95 - $19.99) offers a thicker dark berry fruit experience with a side of tobacco and chewy cassis.

PETER ROCKWELL
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NAVIGATING THE LOW-POINTS

Forget the gossip, the best way to fix any fight is to reflect on what's good

Q: Why do couples gossip so much about each other? They're worse than singletons!
Kate says...

Gee, your friends must be way more interesting than our friends. Maybe it's time to have a baby!

Q: How do we navigate the down periods in our relationship without overreacting and saying 'Maybe we should just separate?'
Kate says...

Oh, for crying in the sink. How old are you people? Grow up first and then get married. A marriage is not a play date and it is no place for idle threats and sulking.
Bret says...

Here's a way to look at it. Suppose this down period is the worst down period ever and things will never, ever look up. If that's really how things are, then you should separate, because who wants to live like that?

But if it should turn out that things might look up sometime soon, have a good fight and then moving on quickly to make-up sex.

Retailers courting online 'fat-shonistas'

▶ While women's apparel sales remain flat, the plus-sized niche is showing growth.

In a midtown Manhattan showroom, fashion blogger Amelia Pontes picked up a pair of "jeggings" (jeans tight enough to be leggings) from a table filled with trendy jeans in boot cut, boyfriend and skinny styles.

"The tighter the better for me," Pontes explained to Liz Munoz, an executive from plus-size fashion retailer Torrid.

This cocktail party and jean "sampling" was thrown by Torrid for some of its best customers: Young bloggers who proudly call themselves "fat-shonistas."

The event is part of the Young Fat and Fabulous Conference, a series of meet-and-greet events between 11 bloggers and retailers held in New York City in July. Over the last two years, U.S. retailers have taken note and stores like Forever 21 added an extended sizes line, Faith 21. Target added Pure Energy last year and American Rag debuted their plus-size collection this month. According to the most recent figures from the NPD group, a market research firm, the $18-billion plus-size market is an area of growth.

While sales in the overall women's apparel category remain flat, the plus size niche increased by two per cent between May 2009 and May 2010.

Many plus-size retailers now advertise on the most influential blogs, some of which garner hundreds of thousands of page views per month.

THE ASSOCIATED PRESS

Fixing the Canadian student loan crisis

Small fixes can help reduce burden on government, lenders and keep students from defaulting on accumulated post-secondary debts

METRO WORLD NEWS

▶ A good money mentor can do wonders for your bank account.

INVEST WISELY IN A MONEY MENTOR

Ninety per cent of young Canadians receive money advice from their parents. Second to that, they ask their friends. Along the way we glean nuggets of financial information from people we trust. These are our money mentors and, it pays to have good ones.

Currently, my savvy aunt, a Toronto-based multi-millionaire, mentors me toward developing habits and behaviours of self-made millionaires. Like many multi-millionaires, she doesn't necessarily look the part, driving fancy cars and living in a mansion. Rather, she saves money by making frugal choices like driving a 2002 Toyota Highlander and travelling in economy class. According to her, not living how rich people should live has made her rich. Her top piece of money advice: Keep the money you worked so hard to earn.

Need a money mentor? Look for the following characteristics. First, they're rich! Second, they keep and maintain a meticulous budget. Third, good money mentors are savvy spenders. Fourth, they'll take time to teach you their secrets, how to make more money in your career, save more, and invest wisely.

They'll also make you stick to your goals.

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

Rites of summer. Sun, sand, festivals and student loans. If students are not filling out the often tortured forms they are probably looking forward to repaying that ball and chain debt.

While graduates are saddled with increasing debt, their ability to pay it off is decreasing. Jobs for graduates are harder than ever to find and employment income is lower, relatively speaking, than 20 years ago.

The loan system is particularly harsh for rural and small town students whose costs to attend college or university are much higher than city kids with a range of post-secondary options.

Here's my modest proposal for fixing the student loan crisis.

• Students with no post-secondary institution within a reasonable commute receive a grant to level the playing field with those who are able to live at home and attend school. If they don't graduate the grant must be paid back.

▶ Defaulting on loans hurts everybody involved.

Interest rates/ Savings accounts

BANK	RATE
BMO	1.10%
CIBC	0.70%
HSBC	0.15%
ING	1.30%
PCF	1.0%
RBC	1.0%
SCOTIA	1.15%
TD	1.10%
ALLY	2.0%

CHECK BANK WEB SITES AS SOME RATES REQUIRE MINIMUM ACCOUNT BALANCE

• Outstanding student loans are reduced by 10 per cent upon graduation.

• Loan (both provincial and federal) interest rates to be capped at 2 per cent above prime.

• Every year grads stay current with payments a further 10 per cent is knocked off the principal owing.

• In bankruptcy, student loans to be treated like any other debt. Currently loans cannot be discharged for 10 years after the last class or semester the student takes.

Yes, this would reduce interest rate revenue for banks and the government and cost a bit in terms of grants.

However, financially healthier students will pay more tax and buy more stuff.

And fewer delinquencies and defaults will reduce the burden on government and lenders.

Straight facts

Students are falling deeper into debt to pay for post-secondary education. Here are the stats:

- **$26,680**
  2009 average debt load for university students who borrow
- **$13,600**
  2009 average debt for college students who borrow
- **40 per cent**
  Number of university grads who default or fall behind on student loans
- **52 per cent**
  Number of college grads who default or fall behind on student loans

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Eskimos not out of the fire just yet

On heels of Maciocia's firing, club says they can't get complacent

Nobody needs to remind the Edmonton Eskimos that one win doesn't constitute a turnaround.

Putting the brakes on an 0-4 losing streak with a 28-25 win over the B.C. Lions last Friday didn't prevent the Eskimos from firing general manager Danny Maciocia the following day, and it certainly doesn't translate to job security for anybody who was on the field for practice yesterday.

That much is abundantly clear.

"We can't relax. We can't settle down. We can't get complacent," receiver Kelly Campbell said. "We got one win, which is good to get the monkey off our back, but we've got to work even harder and get better every day.

"I don't think we've shown anything yet. We got a win. It was an ugly win, but it was a win. We're a better football team than we're playing right now, even with that win."

Team president Rick LeLacheur made waves last week when he warned that jobs were on the line after four straight losses. It turns out Maciocia's fate was sealed before the outcome against B.C.

After a meeting with the team's board of directors, LeLacheur dismissed Maciocia, who coached the Eskimos to the 2005 Grey Cup championship, saying it wasn't in the long-term interests of the team to keep him despite two playoff appearances in the last four seasons.

"We all played a part in this," quarterback Ricky Ray said. "Some people kind of take the bullet for the rest of the guys."

THE CANADIAN PRESS

JOHN ULAN/THE CANADIAN PRESS

▶ Edmonton Eskimo Jamaica Rector gets tackled by Jason Aarakgi of the B.C. Lions, left, on Friday.

Replacement

▶ Danny Maciocia

- LeLacheur hasn't announced a time frame for replacing Maciocia.
- For now, head scout Ed Hervey, director of player personnel Paul Jones, and manager of football administration and Canadian scouting Dan McKinnon will oversee duties by committee.
- Several players were visibly shaken after the announcement of the firing was made.
- "It was a shock to everybody," said defensive lineman Dario Romero. "Obviously, nobody is untouchable."

Turco signs on with Stanley Cup champs

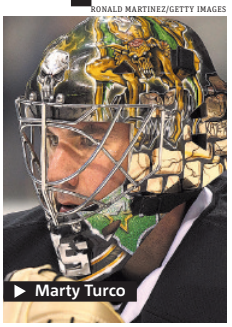
8 Niemi becomes the eighth player to leave the Blackhawks since the season ended.

The Chicago Blackhawks have agreed to a one-year deal with veteran goaltender Marty Turco, a move that means Stanley Cup hero Antti Niemi is gone.

General manager Stan Bowman says the team expects "immediate" contributions from the 34-year-old Turco, who's played in the NHL for 10 seasons, all with Dallas. He is a three-time all-star.

The 26-year-old Niemi helped the Blackhawks win the Stanley Cup this past season after earning $826,875 US as a rookie. He was awarded a $2.75 million salary for next season by an arbitrator last week, putting Chicago in a tough spot. THE ASSOCIATED PRESS

RONALD MARTINEZ/GETTY IMAGES



▶ Marty Turco

Sports in brief

Riders offered deal: Lawyers

DOPING. Lance Armstrong's lawyers say the U.S. Anti-Doping Agency is offering cyclists a "sweetheart deal" if they testify or provide evidence that the seven-time Tour de France winner cheated by doping.

If those riders have been caught doping, the deal from USADA could result in a reduced ban from competition and other incentives, lawyer Tim Herman told The Associated Press yesterday.

Castroneves gets $60k fine

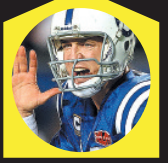
INDY. IndyCar officials fined star Helio Castroneves $60,000 US and placed him on probation for the remainder of the year following his actions at the July 25 race in Edmonton. The penalty was handed down following a meeting between Castroneves and series officials yesterday.

THE ASSOCIATED PRESS

4 sports

Up and down

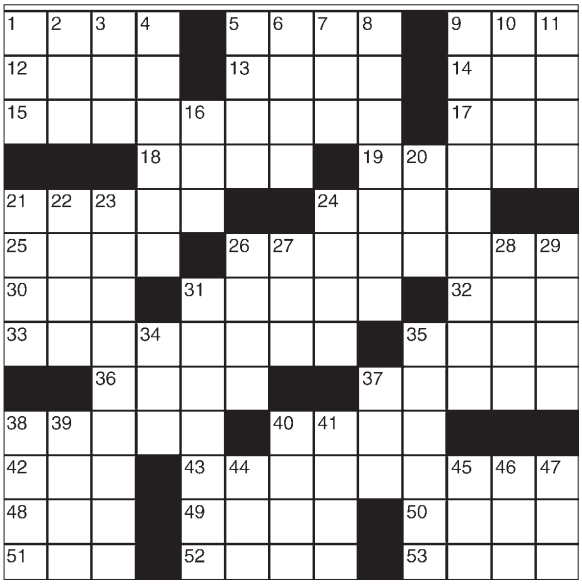
Peyton Manning
The Colts' owner reiterated yesterday that he intends to make Manning the NFL's highest-paid player, even if it takes the prohibitive franchise tag to do it.



Albert Haynesworth
The two-time All-Pro defensive tackle tried to take the Redskins' conditioning test again yesterday morning, but he pulled up after three back-and-forth sprints because he felt some irritation in his left knee.

Scan code for news

Crossword



Across

1 Beer ingredient
5 Stage award
9 Edge
12 Entreaty
13 Mentor
14 Lawyers' org.
15 Typical fast-food entree
17 Performed
18 Tramcar loads
19 Get up
21 — Rouge, LA
24 On the briny
25 Flubs
26 $10 portrait
30 Afternoon social
31 Old photo coloration
32 Roman trio
33 Rodents often kept as pets
35 Typeface
36 Rind
37 Quirks
38 Minty beverage
40 Tom Joad, e.g.
42 Gorilla
43 Wood nymph
48 Neither partner
49 Paradise
50 Mrs. Dithers, in "Blondie"
51 Type units
52 Zilch
53 TV trophy

Down

1 Speedometer abbr.
2 — carte
3 Moon vehicle, for short
4 Forbidden acts
5 Shrek, e.g.
6 Insects
7 Rage
8 The Urals divide it
9 Geiger counter's trigger
10 Wading bird
11 Put together
16 Coffee vessel
20 Kin (Abbr.)
21 "Little Women" woman
22 Geometry calculation
23 Wine-vat workers
24 Writer Kingsley
26 Shoe part
27 Spring mo.
28 Hog call
29 Little lice
31 King of horror
34 Witness
35 Savage
37 Tease
38 Tarzan's mate
39 "Once — a time, ..."
40 Portent
41 Welles portrayal
44 Commotion
45 — Kippur
46 Branch
47 Rotation duration

▶ Yesterday's answer

P	T	A		C	A	S	H		I	N	O	N		
E	A	U		A	R	E	A		N	O	G	O		
A	U	G	U	R	I	E	S		S	A	R	I		
		M	R	E	D			E	T	H	E	R		
E	L	E	G	Y		O	G	L	E					
G	O	N	E		T	R	E	S	P	A	S	S		
A	P	T		C	R	A	N	E		U	T	E		
D	E	S	O	L	A	T	E		A	G	E	E		
			D	O	P	E		S	L	U	M	P		
S	P	R	I	G			A	I	D	S				
O	L	I	O		A	U	G	R	A	T	I	N		
M	E	N	U		T	R	E	E		U	K	E		
A	D	D	S		E	N	D	S		S	E	W		

Sudoku

2					1	7	8	
	9			3		1	2	
4			2					3
				4			5	8
		7				6		
9	8			5				
1					8			6
	7	2		1			9	
	4	5	9					2

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	1	6	9	5	8	7	2	4
9	7	4	3	6	2	5	8	1
5	8	2	1	4	7	9	6	3
7	9	3	2	8	4	1	5	6
1	4	8	5	3	6	2	7	9
2	6	5	7	9	1	4	3	8
8	2	7	6	1	9	3	4	5
4	3	9	8	7	5	6	1	2
6	5	1	4	2	3	8	9	7

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my wee Nerdling, thank you so much for such a wonderful life together, the depth of which I'll never fully grasp but always appreciate. You are the ecstasy of the human spirit, the meaning of beauty itself. Thank you, Erin, for all that you are. I love you!
STEVE

A.K. throughout the entire time we have known each other I have fallen madly in love, the way you smile and laugh fill my world with joy and happiness, even though we will go through hard times, at the end of the road, I will be there for you. **J.B.C.**

Xiao Bai Cai: You are the most special girl in my life, and I'm looking forward to spending the rest of my life with you. **LOVE, ZHU**

I love you so much Garrett!!
AMANDA

The Weather Network ©The Weather Network 2010
Today Sunny 22°/ 17°
Wednesday 40% Showers 24° / 17°
Thursday 40% Showers 23°/ 17°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 19 You will do something special, maybe even spectacular today. With Jupiter in your birth sign linked strongly to Pluto you will go out of your way to be different.

♉ Taurus April 20-May 21 There are so many good causes out there that could benefit from your physical and mental input, so why are you not more involved? However, steer clear of issues that are in any way political.

♊ Gemini May 22-June 21 You always act fast in a crisis but your speed of response will surprise everyone today. If someone you live or work with is in trouble you will go out of your way to help them.

♋ Cancer June 22-July 22 Many things are changing and you must change with them. The only way you will maintain your current position, especially on the work front, is by finding new ways to be more productive.

♌ Leo July 23-Aug.23 You may have good reasons for wanting to keep the truth from someone but the planets won't let you. Today's Jupiter-Pluto link means they will find out one way or the other.

♍ Virgo Aug. 24- Sept. 22 You may find it hard to stay in control of your emotions today. Sometimes it is good just to let it all out, especially if you have been storing up negative feelings. Have a good shout!

♎ Libra Sept. 23-Oct. 23 Something rather shocking is likely to happen today and with hindsight you will realize that you should have seen it coming. But don't blame yourself too much.

♏ Scorpio Oct. 24-Nov. 22 Decide what needs to be done, then do it. That is the message of the stars for you today and being the kind of person who believes in action rather than talk it's a message you will respond to. It's deeds that count.

♐ Sagittarius Nov. 23-Dec. 21 The Sun in Aries makes most things possible, but even go-getting Sags have their limits and today's Jupiter-Pluto aspect suggests things will be hard, but it's no big deal.

DON'T MISS 'STORM HUNTERS' Tune In July 29 - August 1 The Weather Network

♑ Capricorn Dec. 22-Jan. 20 A loved one will surprise you today by some of the things they say and do. Being such a controlled individual yourself their display of emotion might faze you a bit but it will be over soon.

♒ Aquarius Jan. 21-Feb. 18 Ignore those who say that your ideas won't succeed and follow your dream in whatever direction it might lead you. In the Aquarius vocabulary there is no such word as "cannot."

♓ Pisces Feb. 19-March 20 You could hit the jackpot today. There are no guarantees but the planets indicate that if you have done your homework you might make a fortune.
SALLY BROMPTON

Caption contest

SEBASTIAN WILLNOW/THE ASSOCIATED PRESS

You write it!

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Tesoro Los Cabos • 3 1/2★
Deluxe rm. city view
Aug. 14 • 1 wk.
$539
+Taxes & other fees (including service charges): $266

Dreams Los Cabos Suites Golf Resort & Spa • 5★
Unlimited-Luxury®
Junior suite ocean view
Aug. 14 • 1 wk.
PRIVILEGES $1129
+Taxes & other fees (including service charges): $266

Cancun/Riviera Maya via Calgary

Gran Bahia Principe Coba • 5★
All-Inclusive
Junior suite
Sept. 19 • 1 wk.
$669
+Taxes & other fees (including service charges): $284

Grand Sirenis Riviera Maya Hotel & Spa • 5★
All-Inclusive • Junior suite
Sept. 19 • 1 wk.
$689
+Taxes & other fees (including service charges): $284

DOMINICAN REPUBLIC

Puerto Plata via Toronto

Bahia Principe San Juan • 4★
All-Inclusive • Standard rm.
Aug. 6-20 • 1 wk.
$749
+Taxes & other fees (including service charges): $326

Samana via Toronto

Gran Bahia Principe El Portillo • 4 1/2★
All-Inclusive • Standard rm.
Aug. 8-22 • 1 wk.
PRIVILEGES $849
+Taxes & other fees (including service charges): $326

JAMAICA via Toronto

Sunset Jamaica Grande Resort & Spa • 4★
All-Inclusive • Standard rm.
Aug. 17-26, 28, 29 & 31 • 1 wk.
$1149
+Taxes & other fees (including service charges): $294
Please add $50 for Sat. & Sun. departures

Gran Bahia Principe Jamaica • 4 1/2★
All-Inclusive
Junior suite
Aug. 17-26, 28, 29 & 31 • 1 wk.
PRIVILEGES $1199
+Taxes & other fees (including service charges): $294
Please add $50 for Sat. & Sun. departures

CUBA

Santa Clara via Calgary

Meliá Las Dunas • 4★
All-Inclusive • Standard rm.
Aug. 7-21 • 1 wk.
$839
+Taxes & other fees (including service charges): $221

Varadero via Calgary

Sirenis La Salina Varadero • 4★
All-Inclusive • Standard rm.
Aug. 15 & 22 • 1 wk.
$929
+Taxes & other fees (including service charges): $221
Please add $50 for Sat. & Sun. departures

TURKS & CAICOS via Toronto

The Alexandra • 3 1/2★
Garden view deluxe studio
Aug. 14 & 15 • 1 wk.
$1259
+Taxes & other fees (including service charges): $267

SAINT LUCIA via Toronto

Bay Garden Inn • 2 1/2★
Standard rm.
Aug. 14 & 15 • 1 wk.
$1359
+Taxes & other fees (including service charges): $238

USA

HAWAII | Maui

Aston at the Maui Banyan • 3★
Hotel rm./standard - Value rate
Sept. 11 & 18 • 1 wk.
$999
+Taxes & other fees (including service charges): $141

CRUISE

Carnival Cruise Lines[1]

Carnival Victory®
Southern Caribbean Cruise
Flights to San Juan via Montreal
Oceanview stateroom, cat. 6B
Jan. 9 • 1 wk.
$1329
+Taxes & other fees (including service charges): $269
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